

III. <i>Swimming (Sunday / 2 p.m. / Stagg Pool)</i>
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A. Events:

#1	SR 18 & Under	GIRLS	200	yd	Medley Relay
#2	SR 18 & Under	BOYS	200	yd	Medley Relay
#3	JOY 10 & Under	GIRLS	25	yd	Freestyle
#4	JOY 10 & Under	BOYS	25	yd	Freestyle
#5	JOY 12 & Under	GIRLS	25	yd	Freestyle
#6	JOY 12 & Under	BOYS	25	yd	Freestyle
#7	JR. 15 & Under	GIRLS	50	yd	Freestyle
#8	JR. 15 & Under	BOYS	50	yd	Freestyle
#9	SR. 18 & Under	GIRLS	50	yd	Freestyle
#10	SR. 18 & Under	BOYS	50	yd	Freestyle
#11	JOY 12 & Under	GIRLS	50	yd	Breaststroke
#12	JOY 12 & Under	BOYS	50	yd	Breaststroke
#13	SR 18 & Under	GIRLS	50	yd	Breaststroke
#14	SR 18 & Under	BOYS	50	yd	Breaststroke
#15	JOY 10 & Under	GIRLS	25	yd	Backstroke
#16	JOY 10 & Under	BOYS	25	yd	Backstroke
#17	JOY 12 & Under	GIRLS	25	yd	Backstroke
#18	JOY 12 & Under	BOYS	25	yd	Backstroke
#19	JR. 15 & Under	GIRLS	50	yd	Backstroke
#20	JR. 15 & Under	BOYS	50	yd	Backstroke
#21	SR. 18 & Under	GIRLS	50	yd	Backstroke
#22	SR. 18 & Under	BOYS	50	yd	Backstroke
#23	SR 18 & Under	GIRLS	50	yd	Butterfly
#24	SR 18 & Under	BOYS	50	yd	Butterfly
#25	JOY 10 & Under	GIRLS	50	yd	Freestyle
#26	JOY 10 & Under	BOYS	50	yd	Freestyle
#27	JOY 12 & Under	GIRLS	50	yd	Freestyle
#28	JOY 12 & Under	BOYS	50	yd	Freestyle
#29	SR 18 & Under	GIRLS	100	yd	Freestyle
#30	SR 18 & Under	BOYS	100	yd	Freestyle
#31	JOY 10 & Under	GIRLS	100	yd	Freestyle Relay
#32	JOY 10 & Under	BOYS	100	yd	Freestyle Relay
#33	JOY Coed 12 & Under	COED	100	yd	Freestyle Relay
#34	JOY 12 & Under	GIRLS	100	yd	Freestyle Relay
#35	JOY 12 & Under	BOYS	100	yd	Freestyle Relay
#36	JR. 15 & Under	GIRLS	200	yd	Freestyle Relay
#37	JR. 15 & Under	BOYS	200	yd	Freestyle Relay
#38	SR. 18 & Under	GIRLS	200	yd	Freestyle Relay
#39	SR. 18 & Under	BOYS	200	yd	Freestyle Relay

- B. The following rules and schedule shall be adhered to. Any deviation of these rules will disqualify those involved.

Rule #1:

Only coaches and their designated assistants are allowed on the pool deck. They must be registered prior to the Olympic tournament, and be assigned an identification card. This card shall and **MUST** be worn at all times while on deck.

Rule #2:

When on Deck, street shoes are **NOT** allowed. You will be asked to leave or remove your shoes.

Rule #3:

Each Parish shall be allowed to scratch or add a **maximum** of 3 swimmers total. This means, if someone is sick or injured on your team, you can replace that individual with another swimmer providing the added swimmer is qualified per the Olympic rule of **three individual events or a total of four events, two being team relay events**. Please make sure that you have put enough alternates on the Master Roster form to cover your team in case one of your swimmers is ill or absent due to another event. You will be asked at the scratch meeting on an individual basis if you have any changes to your schedule. This will be done on a Parish-by-Parish basis. If you have more than three corrections, the **additional ones are disqualified**.

Rule #4:

The Parishes shall **submit** their rosters by **May 10, 2018, to Nick Grivas** (See Master Roster).

Rule #5:

The Swim Coordinator has final say on any questionable decisions!

Rule #6:

All swimming events will be held on Sunday.

Rule #7:

All participants must be experienced swimmers.

Rule #8:

Dress requirements: one piece swim suits and bathing caps.

Rule #9:

Each participating parish is allowed one entry per event.

Rule #10:

Swimmers will be eligible to participate in a **maximum of 2 individual** events and **2 relay events**, or 3 individual events and no relay events.

Rule #11:

Swimmers cannot participate in the same event (distance and stroke) on two age levels.

Rule #12:

All qualified swimmers are eligible to participate in an 18 and under event.

Rule #13:

Swimmers can move up an age level but never down.

Rule #14:

Relay events consist of four swimmers:

- 100 yd. Relay - each swimmer will swim 25 yds. (1 length of pool)
- 200 yd Relay - each swimmer will swim 50 yds. (2 lengths of pool)

Order of strokes in Medley Relay:

- Back, Breast, Fly, and Freestyle

Rule #15:

Only **one** relay team per age and gender group. Four athletes per relay team. Only junior-age athletes on your junior relay team. However, you may put junior-age athletes on your junior and senior relay teams.

Rule #16:

The Olympic Committee reserves the right to scratch any event that is not sufficiently filled (4 or more entries). All participants will be notified through their parish representative and be allowed to swim up an age level. This will be the only time a single parish will be allowed to have two entries in any single event:

Example: 50 yd. Jr. & Sr. Girls freestyle events #7 and #9 are both insufficiently filled (less than four entries). They will be combined as one event.

Rule #17:

Make sure you enter Name, Gender, Event & Age information on the enclosed Master Roster.

Rule #18:

Scratch Meeting: Scratch or drop only...replacements allowed only in case of sickness/injury, with a ***limit of (3) three.***